

Sermon: The Unbelief of a Psychological Letdown

Scripture: 1 Kings 19:1-21

I. Elijah is _____ of Jezebel. (2-3)

II. Elijah is _____. (4) Dr

III. God ministers to him _____
_____. (5-7)

IV. God _____ to Elijah.

1. God asks Elijah why he ran. (9)

2. Elijah tells God he feels abandoned. (10)

V. God answers his question. (11-14)

1. Return to your purpose. (15); 2 Timothy 1:6-7

2. Realize you are not alone. (18); 1 Peter 4:12-14

3. Find a companion and share life. (16; 19-21)

VI. Unbelief requires we _____ the
what to the who. 1 Peter 5:6-7 Colossians 3:1-4

1. Faith allows us to enjoy the liberty of grace. 2 Cor. 3:17-18

Thought for the Day. Dr. Tim LaHaye in his book "Spirit Controlled Temperament" quoted Dr. McMillen: "*Many physical illness are produced by the emotions of jealousy, envy, self-centeredness, ambition, frustration, rage, resentment, and hatred. He then observed: These disease-producing emotions are concerned with protecting and coddling the self, and they could be summarized under one title-self-centeredness...Chronis brooding over sorrows and insults indicates faulty adaption, which can cause any condition from itching feet to insanity. The most common form of faulty reaction is self-pity.*" Self-pity is something all of us have experienced in our lives. Unbelief in the Sovereignty of God, the wisdom of God or the love of God leads to a victim mentality, a feeling of hopelessness, causing us to get depressed. Much, if not all of unbelief is caused by fear. Elijah's psychological letdown was caused by fear but even in his despair he knew God was still with him. As believers we have a very special promise; Jesus tells us He will never leave us nor forsake us. No matter how alone we may be physically or emotionally Jesus will still be there with open arms to calm our fears and bring rest to our souls. Next week is Thanksgiving and we have so many blessings to be grateful for. No matter what the future may bring we can sure that Jesus will still be there. **Pastor Bruce**